

ANGEL FOOD MINISTRIES August 2010 Menu

ORDER IN PERSON at Hope Lutheran Church

Saturday, July 24, 2010 8:30am – 10:00am Family Life Center
 Saturday, August 14, 2010 9:00am – 10:30am Foyer
 Sunday, August 15, 2010 9:00am – Noon Foyer

DEADLINE Sunday, August 15, 2010 9:00am - Noon



WE ACCEPT CASH, MONEY ORDERS, FOOD STAMPS (EBT) All Food Stamp Orders must be placed in person by the cardholder **ACCOUNT MUST HAVE A BALANCE TO COVER THE TOTAL WHEN PLACING AN ORDER.**

Please do not leave orders with Church Staff. Thank you.

ORDER BY MAIL Money Orders ONLY No Cash Or Food Stamps! Payable and Mailed To: Hope Lutheran Church
 Please send self addressed stamped envelope for your receipt – necessary for pick up.

DEADLINE Be sure your Mail Order AND Payment reaches us by Friday, August 13, 2010

ONLINE Using Your Debit/Credit Card. Go to www.angelfoodministries.com and put in zip code 14626. Scroll down and select Hope Lutheran Church. Then follow the Order Online prompts.

DEADLINE Midnight, Sunday, August 15, 2010

PICK-UP at Hope Lutheran Church Saturday, August 21, 2010 8:30am – 10:00am

Food must be picked up at this time. Unclaimed food will be donated to families in need.

Please bring large cooler, large box, or clean recycle box.

NO REFUNDS or CREDITS for the following month. We are unable to accept any orders received after the Deadline.

Angel Food Ministries is a non-profit, non-denominational organization that began in 1994 as a small outreach ministry serving a rural community in Georgia. The goal is to help neighbors who need a hand up in a tough economic time.

- ♥ NO LIMIT TO WHAT YOU CAN BUY! ♥ NO MEMBERSHIP ♥ NO APPLICATIONS
- ♥ MENU CHANGES MONTHLY ♥ NO INCOME GUIDELINES ♥ NO LONG TERM OBLIGATION

For further information Call (585) 861-4815 Or Email angelfoodhope@gmail.com Or our Website www.sharethehope.org

QTY	ITEM	PRICE	TOTAL
	Signature Box	\$28.95	\$
	Convenience	\$28.00	\$
	Just4Me After School	\$24.00	\$
	Special #1	\$24.00	\$
	Special #2	\$23.00	\$
	Special #3	\$22.00	\$
	Special #4	\$24.00	\$
	Special #5	\$21.00	\$
	Special #6	\$21.00	\$
	TOTAL	\$	\$

Name _____

Address _____

Phone _____ Email _____

Name of person picking up order (if different from person ordering)

Please check ALL that apply: First Time Ordering
 Cash Money Order Food Stamp

YES! I would like to volunteer and serve with the
 Angel Food Ministry



AUGUST 2010 MENU

<p>Signature Box</p> <p><i>Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.</i></p> <p>1.5 lb. New York Strip Steaks (4 x 6 oz.) 1.5 lb. Breaded Chicken Breast Chunks 1 lb. Lean Ground Beef 1 lb. Crunchy Fish Wedges (Bake or Fry-8 ct.) 1.5 lb. Pork Chops (4 x 6 oz.) 1 lb. Bonus Item - Lean Ground Beef 1 lb. Frozen Broccoli Florets 1 lb. Frozen Carrots 1 lb. Frozen Corn 1 lb. Frozen Cauliflower Florets 1 lb. Pasta 26 oz. Pasta Sauce 32 oz. 2% Shelf Stable Milk Dozen Eggs</p> <p><u>New Price</u> <u>\$28.95</u></p>	<p>Fast and Flavorful Cuisine</p> <p><i>Convenience meals great for seniors and people living with diabetes!</i></p> <p><i>Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.</i></p> <p>Fish Fillet, Lightly Breaded & Baked, with a Rice Blend, Carrots and a Broccoli/Red Pepper Blend Sweet and Sour Pork with Rice, a Green Pea/Carrot Blend and Cauliflower Red Beans and Rice with Smoked Pork Sausage, Carrots and Brussels Sprouts White Chicken Cacciatore with Rice, Carrots and Yellow Squash with Onions Breaded Chicken Parmigiana with Spaghetti, Corn/Red Pepper Blend and Zucchini White Chicken and Gravy over Noodles, Corn and Broccoli Salisbury Steak & Gravy with Red Wedge Potatoes, a Green Pea/Carrot Blend and Brussels Sprouts Meatball Stroganoff over Noodles, Carrots and Broccoli Country Herb White Chicken with Mashed Potatoes, Green Peas and a Lima Bean/Red Pepper Blend Macaroni and Cheese, Black Bean, Corn and Red Pepper Blend and Cauliflower</p> <p><u>\$28.00</u></p>	<p>Just 4 Me – After School Box</p> <p><i>An assortment of child-friendly snacks. Great for after school or any time.</i></p> <p>2 lb. Chicken Fingers 1.5 lb. Mini Corn Dogs 1 (3.88 oz.) The BBQ "Sammich" 2 each (2.6 oz.) Chicken Sandwiches (2 packages with twin sandwiches) 4 (4 oz.) Hot Pockets 1 (12 ct.) Pizza Bites 1 (6 ct.) Cereal Bars 2 each (1.58 oz.) White Castle Hamburgers (2 packages with twin sandwiches) 3 (2.2 oz.) PBJ on Graham Wafer 2 (2.8 oz.) Peanut Butter and Jelly Jamwich</p> <p><u>\$24.00</u></p>
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AUGUST SPECIAL #1 \$24.00

- Assorted Grill Box** (6 lb.)
- 1 lb. Sirloin Strip Steaks (2 x 8 oz.)
 - 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
 - 1.5 lb. Mild Italian Sausage
 - 1.5 lb. Bacon-Wrapped Chicken Breast Fillet (4 x 6 oz.)

AUGUST SPECIAL #2 \$23.00

- Steak and Chicken Box** (4 lb.)
- 2 lb. Ribeye Steaks (4 x 8 oz.)
 - 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

AUGUST SPECIAL #3 \$22.00

- 12 ct. Gourmet Flavored Chicken Breast Box** (4.5 lb.)
- 4 Italian Chicken Breast (6 oz. ea.)
 - 4 Teriyaki Chicken Breast (6 oz. ea.)
 - 4 Lemon Herb Chicken Breast (6 oz. ea.)

NEW!!! ALL NEW ITEM!!!! NEW!!!

AUGUST SPECIAL #4 \$24.00

- Oven Ready Entrees by Angel Food**
- 4 (2 lb.) *Fully cooked Meals - Just Heat and Serve*
- 2 lb. Seafood Lasagna
 - 2 lb. Lasagna with Meat Sauce
 - 2 lb. Country Fried Steak with Gravy
 - 2 lb. Chicken Noodle Casserole

AUGUST SPECIAL #5 \$21.00

Premium Fresh Fruit and Veggie Box

- 1 Cantaloupe
 - 4 Peaches
 - 4 Navel Oranges
 - 1 Mango
 - 1 Cello Head Lettuce
 - 1 lb. Cello Carrots
 - 2 lb. Yellow Onions
 - 3 lb. Idaho Potato
 - 20 oz. bag Fresh Green Beans
 - 1 Head Cabbage
- AFM Fruit and Veggie Recipe Sheet

AUGUST SPECIAL #6 \$21.00

Bit O' Blessing Box

- 16 oz. Stuffed Sandwiches (Assorted Flavors - 4 x 4 oz.)
- 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Beef Roast or
2 lb. Mac & Beef Entrée
- 1.5 lb. Country Fried Steak Patties
- 1 lb. Ground Beef
- 1 lb. Crunchy Fish Bites
- 1 lb. Frozen Fruit or Green Beans
- 1 lb. Rice

"And Jesus said, to the, "I am the bread of Life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst."
John 6:36