

## Insomnia: I'm Afraid to Die!

Hope Church – June 9-10

### Conversation Starter:

Are you afraid to die? What about the thought of dying gives you the most fear?

### Digging Deeper:

- 1) Read 1 John 4:13-19. The word “abide” is used 5 times in this passage in the ESV.
  - a. What does it mean to abide in Christ? How do we know that we abide in Him?
  - b. Pastor Kirk talked about God making us more and more fearless as we follow in Christ. How do you think that happens? Is that true in your life? Why or why not? How do your following and abiding in Christ relate to each other?
  
- 2) Meditate on the following verses. How do they help us answer this question: As believers in Christ do we have anything to fear in death?
  - a. Psalm 23:4-6
  - b. John 11:25-26
  - c. 1 Corinthians 15:54-58
  - d. 2 Timothy 1:10
  - e. Hebrews 2:14-15 (NLT)
  
- 3) Read Philippians 1:20-23. Why do you think Paul would say ‘to die is gain’?. Would you agree or disagree and why?
  
- 4) Study the following passages. As Christ-followers, what are some of the things we have to look forward to after death?
  - a. 2 Corinthians 4:16-18
  - b. Philippians 1:21, 23
  - c. 1 Peter 1:3-6
  - d. Revelation 21:1-7
  - e. Revelation 22:3-7

John Piper quote: “Death is gain because death means more of Christ, and He’s better than anything this life can give us.”

**Personal Application:** Read Philippians 1:21, 23 again - Jesus wants to give us this great gain, and He wants us to grow in our eagerness to receive it. How do we do that? We can ask God, the Father for it! We can ask Him to decrease the hold that the fear of death has on us due to unbelief in our hearts. And we can ask Him to give us such faith and longing to be with Christ that we no longer want to live as long as possible here, but only long enough to faithfully finish our course (see Acts 20:24). Because to finally be with our Savior will be so much better! Pray as you feel led.