



July 17th and 18th, 2021

Peeled- What is Under Your Skin?

“Fruit of the Spirit – Peace and Patience”

ICEBREAKER

What kind of person brings out your impatience?

OPENING DISCUSSION

Looking at your sermon notes in your Engage and Grow Journal, and remembering what was shared in the message, what stands out to you the most?

DIGGING DEEPER

Read Matthew 5:9

- Maybe we are more familiar with troublemakers. Why is it sometimes easier to be a troublemaker than a peacemaker?

- If Biblical peace is more than the absence of conflict, but more so peace in our relationship with others, then what may the Lord be calling you to do so that there would be this peace?

Read Colossians 3:12-14

- There are eight virtues listed by the apostle Paul in these verses. Some of them you will find in the fruit of the Spirit listed in Galatians 5:22-23. Which of these virtues challenges you the most? Why?

· The people of God were to live differently. How do these virtues, listed in Paul's letter to the Colossians, run contrary with the way this world operates?

Read II Peter 3:9

· According to this verse, what is the primary reason for God's patience? Have you seen His patience, either in your life, or in the lives of those around you?

· Go back to the icebreaker. Again what kind of person brings out your impatience? What might have to change (either in you or in the other person) so that you might demonstrate patience?

MOVING FORWARD

Take a look at the first four fruits of the Spirit that we have looked at so far – love, joy, peace, and patience. With which fruit do you need God's strength the most? Ask Him now to shape you in this area.

PRAYER