



**July 3rd & 4th, 2021**

**Peeled- What is Under Your Skin?**

**“Walking in the Spirit”**

### **ICEBREAKER**

What is your favorite fruit and how do you typically eat it? (alone, with other foods, etc)

### **OPENING DISCUSSION**

Looking at your sermon notes in your Engage and Grow Journal, and remembering what was shared in the message, what stands out to you the most?

### **DIGGING DEEPER**

**Read Galatians 5: 16-25**

1. What does Paul mean by “living in and keeping in step with the Spirit (v16, 18, 25, also 5:13-14)?
  
  
  
  
  
  
  
  
  
  
2. If we are made alive by the Spirit, why do we still struggle with sin?
  
  
  
  
  
  
  
  
  
  
3. Since we are not under law, what is wrong with indulging our sinful nature every once in a while?

4. How then do you grow (or God grow) spiritual fruit and live out what Paul means by “Christ formed in you” (4:19)?

5. Which of the spiritual fruits is blossoming in you lately?

6. How can you better live under grace and the awareness of the Gospel?

## **MOVING FORWARD**

Abide in Christ this week through His word and prayer

## **PRAYER**