



October 30-31, 2021

**Ephesians Built for Community – Building Up the Body**

**Icebreaker:** What is something you did as a kid and still enjoy? (food, family traditions, experiences)

**Opening Discussion:** Looking back on your Engage and Grow notebook or your notes from the message, what stands out to you the most?

**Digging Deeper:**

**Read *Ephesians 4:1-16***

1. How do we “live a life worthy of our calling”? How does Paul describe that worthy life?

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2. How do these qualities exemplify maturity? How do these qualities promote unity?
3. Contrast infant qualities with mature qualities. For example: an infant is selfish and a mature person is not selfish.
4. Look again at verses 4-6. Why do you think Paul emphasizes “oneness” so much? Pastor Kirk mentioned so often we want to “be **the one**” and Christ calls us to **be One**. What are some barriers to oneness in the church?
5. According to verses 7-13, who gives spiritual gifts? What are some of the spiritual gifts? What is the purpose of spiritual gifts? How are you using your spiritual gifts to help the mission of Hope? (You can take a quick spiritual gifts inventory to learn what your gifts are. Go to [sharethehope.org/bulletinboard](http://sharethehope.org/bulletinboard) and click on the link for Spiritual Gift Inventory)
6. According to this passage, what is the problem with living the Christian life apart from the Church? In what ways do you need others? What strength do you have that you can use to help others?

**Moving Forward:**

Discover your gifts if you haven’t yet. Be sure and find a place where you can serve in the body of Christ with your gifts – Tech, the Gathering Place Café, Kids’ Ministry, Youth, Mercy Ministries, etc.

**Prayer:** Ask the Lord how you can make a difference with your gifts in the Church so heaven can be more crowded.