"Your Best Life-Think right, Live right" April 30/May 1, 2022

Icebreaker: Would you describe yourself as a positive or a negative person? Why?

Opening Discussion: Looking back on your Engage and Grow notebook or your notes from the message, what stands out to you the most?

Digging Deeper

Read 2 Corinthians 10:3-5; Romans 12:1-2

1. What are the "weapons" we have to fight with? See Ephesians 6:1-18.

2. How are they different from the world?

3. We are to take every thought captive and make it obedient to Christ? How do we do that?

4. Why is the battlefield of the mind so crucial?

5. Pastor Kirk talked about "thought audits." How often do you think about what you're thinking about? Why would this be helpful?

6. Be transformed by renewing your mind. PK talked about discovering the lies we believe and wrong thought patterns we have and the importance of applying God's truth.

Discuss the Lie of Satan: You are worthless and rejected.
Truth: I am God's beloved child through Christ.

Read 1 John 3:1 and Ephesians 1:3-14.
Keeping in mind that identity trumps insecurity. How do these verses help defeat the lie?

Lie: Be fearful about the future.
Truth: God will preserve and protect me.

Read Psalm 23 and I John 4:18.
What does God want to say to you about fears from these passages?

Lie: I can't be the person or accomplish what God wants.
Truth: I can do all things through Christ who strengthens me.

Read 2 Corinthians 12:1-10.
Paul shows us that we can grow spiritually and advance in spite of difficult circumstances.

Moving Forward: Think about your thoughts. Which one do (just one) you want to make obedient to Christ this week?

Prayer