



April 29-30, 2023

Peace of Mind - Grief

Icebreaker: What was the most difficult funeral service you have ever attended? What made it so difficult?

Opening Discussion: Looking back on your Engage and Grow notebook or your notes from the message, what stands out to you the most?

Digging Deeper:

Read *Job 1:20; Genesis 37:34; II Samuel 18:33*

1. How did each of the individuals grieve?
2. What does your grief look like?
3. When do you believe grief is debilitating?

Read *John 11:35*

1. Why did Jesus weep?
2. What comfort do you receive from this simple verse in the Gospel of John?

Read *Job 1:13-21*

1. What did Job lose? Is there someone you know who has experienced great loss?

2. In his grief, Job fell to the ground in worship. He said, "May the name of the Lord be praised." This may seem difficult when one is grieving, and yet the question must be asked, what is worship? What do you think Job's worship looked like at this moment?

3. How does worship bless a person who is grieving?

Moving Forward

Maybe you are struggling with grief. Maybe you know someone who is in the midst of period of grief. Are you willing to speak with them about GriefShare? The next session begins on May 10 at Hope Greece and May 11 at Hope Brockport. Both begin at 6:30 pm. Are you willing to invite? Register at www.griefshare.org.

Prayer