



CONNECT AND GROW

Sermon Discussion Questions

February 1, 2026

Essentials: What is the Meaning of Life?

Icebreaker: Share a favorite story about your birth, your kid's birth, or the birth of a family member.

Opening Discussion: Looking back on your Engage and Grow notebook or your notes from the message, what stands out to you the most?

Digging Deeper:

Read ***Genesis 1:27; Genesis 2:7, 21-22; Psalm 139:13-14; John 1:1***

1. According to ***Genesis 1:27***, what does it mean that humans are created in the image of God?
2. How does ***Genesis 2:7*** describe the origin of human life differently from the creation of the rest of the world?
3. In ***Psalm 139:13-14***, what words or images emphasize God's personal involvement in creating human life?
4. How do these passages shape a biblical understanding of the value and sanctity of human life?

5. How does knowing every human being has value and dignity affect how you see the issue of abortion? What are some ways you can argue against an ideology while still loving the person who holds to the ideology?

6. How can recognizing God's intentional design in every person change how we treat others?

7. The Greek word logos is translated as "word," "logic," "reason," or "meaning of life." Read ***John 1:1***. If life begins with the Word (Jesus) rather than with us, what does that say about whether meaning is discovered or created?

8. In a world that often looks for meaning and purpose in success, pleasure, or self-expression, how does ***John 1:1*** challenge or reframe those pursuits? See also ***1 Corinthians 10:31***

Moving Forward: Who are you relentlessly pursuing, and how are you praying, serving, and inviting them?

Prayer