

# CONNECT AND GROW

*Spring 2026 Churchwide Study*

## **I'm Struggling: I Struggle with Doubt**

**May 17, 2026**

**Icebreaker: How would you describe yourself? Do you lean toward being skeptical or trusting?**

**Opening Discussion:** Looking back on your Engage and Grow notebook or your notes from the message, what stands out to you the most?

### **Digging Deeper:**

#### **Read John 19:20-24 & Matthew 18:16-20**

1. Talk about a journey and a destination. Why is it helpful to think about your faith as a journey?
2. Share a time when you doubted your faith or had questions for God.
3. Why do you think the Gospel of John includes Thomas' honest struggle to believe? What encouragement can you take from this story?

4. Thomas brought his doubts directly into his relationship with Jesus instead of walking away. How do you usually respond when doubts arise?
  
5. Some disciples still doubted even after the resurrection. What does that say about our humanity and nature of faith?
  
6. Jesus said in Matthew 7 to build your life in the rock of his word. How can that help with doubt?
  
7. What faith that you know/believe about Jesus do you need to hold on to right now?

**Moving Forward:** What would it look like for you to invite Jesus into your doubts this week instead of trying to resolve everything on your own?

**Prayer**