



## I'M STRUGGLING

SERIES READING PLAN

Prepare your heart to hear the Word of God  
each week with this reading plan



### Series Theme

As you scroll through your day, does it feel like everyone else has it together? Someone always has the best job, the most well behaved kid, or happiest relationship. We're pressured to measure up to other people's highlight reels and we are left with more struggles.

MAY, JUNE 2026

| <b>May 31 - Jun 6, Message:</b> |                  | <b>I Struggle With Mental Illness</b>  |
|---------------------------------|------------------|--|
| <b>X</b>                        | <b>Read</b>      | <b>Reflect &amp; Answer</b>  |
|                                 | Matthew 11:28–30 | What are some things we can do in our relationship with God to be strengthened by Him? |
|                                 | Psalms 88        |  |
|                                 | 1 Kings 19:1–13  |  |

| <b>Jun 7 - Jun 13, Message:</b> |                        | <b>I Struggle With Temptation</b>                                   |
|---------------------------------|------------------------|---|
| <b>X</b>                        | <b>Read</b>            | <b>Reflect &amp; Answer</b>   |
|                                 | Matthew 4:1–11         | What do these passages teach you about how to deal with temptation? |
|                                 | Hebrews 4:14–16        |   |
|                                 | James 1:12–18          |   |
|                                 | 1 Corinthians 10:12–13 |   |

| <b>Jun 14 - Jun 20, Message:</b> |                   | <b>I Struggle With God's Other Christians</b>   |
|----------------------------------|-------------------|---|
| <b>X</b>                         | <b>Read</b>       | <b>Reflect &amp; Answer</b>   |
|                                  | Ephesians 4:29–32 | What is one Biblical step that you can take to strengthen a strained relationship you have? |
|                                  | Acts 15:36–41     |   |

| <b>Jun 21 - June 27, Message:</b> |                    | <b>I Struggle With Feeling Overwhelmed</b>  |
|-----------------------------------|--------------------|---|
| <b>X</b>                          | <b>Read</b>        | <b>Reflect &amp; Answer</b>   |
|                                   | Philippians 4:4–7  | In what areas of life do you need to surrender control to God to experience more peace? |
|                                   | Matthew 26:36–42   |   |
|                                   | Philippians 2:5–11 |   |
|                                   | Proverbs 3:5–6     |   |



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