DEVOTIONAL
for parents



A SERIES ON THE OLD TESTAMENT

When you think "road trips" you probably think gas station snacks, favorite playlists, and cool sights out the window, but the Israelites' trip through the wilderness was a lot less glamorous. Along their journey, God gave Moses the Ten Commandments, a set of "rules of the road" that showed God's people how to love God and one another. As we travel through these commandments we'll learn that wherever the road takes us, we obey God by putting God first, we obey God by worshiping God, we obey God by loving our families, and we obey God by loving everyone.

Want to learn and grow alongside your kid as we go through this teaching series? You can! Spend a few minutes each week **studying** the passages of Scripture we'll be teaching, **praying** about what God wants to do in you and in your family, and **growing** by putting God's words into practice in your own life.

WEEK 1 We obey God by putting God first.
Exodus 20:1–6, Psalm 19:7–10; Philippians 3:7–9

STUDY

Take a moment to read the passages we're covering this week. What stands out to you in this passage and why?

PRAY

Pray and ask God to help you recognize anything that's competing for your attention and keeping you from making your relationship with God a priority.

GROW

So what's your next step? When God gave the Israelites the Ten Commandments, the first instructions reminded them to put God above everything else. What tends to get the most attention, energy, or priority in your life? Is there something good that's become more important than it should be? What could you change this week to make more room for God? Take that step today. Then help kids do the same.

WEEK 2 We obey God by worshiping God.
Exodus 20:7–11, 32:1–14; Philippians 4:8–9

STUDY

Take a moment to read the passages we're covering this week. What stands out to you in this passage and why?

PRAY

Pray and ask God to help you make worship a natural part of your everyday life, not just something you do at church.

GROW

So what's your next step? God instructed the Israelites to set aside time for rest and worship, but making that space can be difficult when life gets busy. Is there a part of your routine where you could slow down and intentionally connect with God? How could Paul's encouragement to focus on what is true, good, and worthy of praise shape the way you spend that time? Take that step today. Then help kids do the same.

WEEK 3

We obey God by loving our families.
Matthew 5:21–24, Exodus 20:12–14; 1 Thessalonians 1:2–7

STUDY

Take a moment to read the passages we're covering this week. What stands out to you in this passage and why?

PRAY

Pray and ask God to help you show patience, kindness, and understanding toward the people closest to you, especially when it's difficult.

GROW

So what's your next step? The Ten Commandments remind us to honor our families, but sometimes the people closest to us are the easiest to take for granted. Is there someone in your family who could use more encouragement, appreciation, or quality time? How could you show them love through something you say or do this week? Take that step today. Then help kids do the same.

WEEK 4

We obey God by loving everyone.
Exodus 20:15–17, Romans 13:8–10; 1 Thessalonians 2:7–8

STUDY

Take a moment to read the passages we're covering this week. What stands out to you in this passage and why?

PRAY

Pray and ask God to help you treat others with honesty, kindness, and respect, especially when doing so requires extra effort.

GROW

So what's your next step? The Ten Commandments remind us that loving others includes being honest, respecting what belongs to them, and being content with what we have. Is there an area where comparison, jealousy, or selfishness has been affecting the way you treat someone? How could choosing gratitude or generosity help you love that person better? Take that step today. Then help kids do the same.